



# Safe Haven Counseling, PLLC

Mental Health | Domestic Violence | Addictions | Grief | Career

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<b>Name:</b>	<b>Ph#:</b>	<b>Ins./Payer:</b>	<b>MRN:</b>
<b>Emergency Contact:</b>		<b>Ph#:</b>	<b>Date:</b>
<b>Suicide Risk Assessment</b>			
<input type="checkbox"/> Male	<input type="checkbox"/> Single	<input type="checkbox"/> Alcohol / Drug Abuse	
<input type="checkbox"/> 15-24 years old	<input type="checkbox"/> Female (45-54 years old)	<input type="checkbox"/> 65-74 years old	<input type="checkbox"/> Male (Age 75+)
<input type="checkbox"/> Depressed; Hopeless	<input type="checkbox"/> Ongoing Suicide Plan	<input type="checkbox"/> Past Suicide Attempt	
<input type="checkbox"/> Confusion; Memory Lapses/Gaps; Impaired Decision-Making/Judgment/Rational Thinking; Hallucinations (i.e. Voice Command; Auditory; Visual; Olfactory; Tactile...); Feeling Persecuted; Paranoid; Hypochondriac			
<input type="checkbox"/> Recent Loss; Separation / Divorce		<input type="checkbox"/> Serious / Terminal Medical Concerns	
<input type="checkbox"/> <b>(0-2) Low Risk</b>		<b>Monitor (1-2X until Next Session)</b>	
SI Frequency/Day: /Wk:	SI Duration:	SI Intensity (0-10):	

<input type="checkbox"/> <b>(3-4) Moderate Risks</b>	<b>Verbalize Concerns &amp; Monitor Frequently (Every 1-2 day)</b>		
SI Frequency/Day: /Wk:	SI Duration:	SI Intensity (0-10):	
Intent (When?)	Means (How?):	Lethality:	
<b>(0-10) Distress Level</b>	Date(s)	<b>(0-10) Attempt Likelihood</b>	Date(s)
1)		1)	
2)		2)	
3)		3)	
4)		4)	
<b>0-3:</b> 1) Daily Monitoring/Check-In; 2) Reduce access to Means (i.e. pills, car keys, knives...); 3) Inform & Enlist 3 <sup>rd</sup> -party monitoring (i.e. Family, Partner, Friend)		<b>4-5:</b> 1) Reduce access to Means; 2) Inform & Enlist 3 <sup>rd</sup> -party monitoring (Partner, Family, Friend...); &/or 3) Vol. Commitment	
		<b>6+:</b> Voluntary Commitment / IVC	

<input type="checkbox"/> <b>(5-6) High-Risk</b>	<b>Safety Plan (Daily)</b>		
SI Frequency/Day: /Wk:	SI Duration:	SI Intensity (0-10):	
Intent (When?)	Means (How?):	Lethality:	
<b>(0-10) Distress Level</b>	Date(s)	<b>(0-10) Attempt Likelihood</b>	Date(s)
1)		1)	
2)		2)	
3)		3)	
4)		4)	
5)		5)	
6)		6)	
7)		7)	
<input type="checkbox"/> Access to Means (i.e. pills, car keys, knives...) reduced:	<input type="checkbox"/> IVC:	<input type="checkbox"/> Coping Skills:	
<input type="checkbox"/> 3 <sup>rd</sup> -Party Informed & Enlisted:	<input type="checkbox"/> Detox:		
<input type="checkbox"/> Vol. Commit.:	<input type="checkbox"/> IPV/DV:		
	<input type="checkbox"/> Other:		

<input type="checkbox"/> <b>(7-10) Imminent Risk</b>	<b>Voluntary OR IVC → Inpatient Tx (IPT)</b>
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**Clinician's Name & Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



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### **References**

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